### FACULTY VITA

HENRY H. ROSS August, 2014

Instructor, Health and Human Performance, Texas A&M University-Commerce

2600 Neal Street (Field house) Commerce, Texas 75429

Work Phone: (903) 468-6043 E-Mail: Henry.Ross@tamuc.edu

### PROFESSIONAL INTEREST

- To gain knowledge and expertise in teaching Health, Human Performance, and Sportsrelated courses through attendance and active participation as a member of Professional Organizations.
- To actively engage in quality research, writing, and presentation of health-related issues.
- To continue my association with the American Red Cross as a "Certified" Community first Aid and CPR Instructor.
- To engage in activities and dialogue on behalf of Texas A&M University-Commerce that will:
  - Bring about better student and teacher relationships,
  - Bring about better university and community relationships, and
  - Aid in better departmental relationships.
- To enhance student learning through the use of a variety of teaching materials and resources.
- To continue my relationship with elementary, junior high and high schools located within the service area of Texas A&M University-Commerce as a guest speaker (when asked).
- To continue to serve on university and departmental committees for which I have been assigned and/or volunteered.

# **EDUCATION**

BS Kentucky State University (Frankfort, Kentucky) May 1978 MS Southern Illinois University-Carbondale (Carbondale, Illinois) May 1981 EdD Texas A&M University-Commerce (Commerce, Texas) December 2007

# PROFESSIONAL LICENSES

K-12 Teaching Certification (Kentucky)

K-12 Teaching Certification (Ohio)

K-12 Teaching Certification (Alabama)

Certified First Aid and CPR Instructor, American Red Cross

# **EXPERIENCE**

<u>Administrative</u>	
Interim Department Head, Health and Human Performance,	
Texas A&M-Commerce	July 2008-July 2011
Educational	
Instructor, Health and Human Performance, Texas A&M-Commerce	2011- Present
Instructor, Health and Human Performance, Texas A&M-Commerce	1999-2008
Instructor/Asst. Football Coach, Health and Physical Education,	1,,,, 2000
Texas A&M-Commerce	1985-1999
Instructor/Asst. Football Coach, Health, Physical Education and Recreation,	
Kentucky State University	1981-1985
Graduate Assistant Instructor, Health and Physical Education,	
Southern Illinois University-Carbondale	1979-1981
Professionally Related Experience  NCAA Division II. District Representative (0 <sup>th</sup> District)	1987 – 1999
NCAA Division-II , District Representative (9 <sup>th</sup> District) Reader/Reviewer, Journal of Texas Association for Health, Physical Educati	
Recreation and Dance	2002-Present
Recreation and Dance	2002-1 105011
PROFESSIONAL ASSOCIATIONS AND HONORARIES	
Society for Health and Physical Education	2012-Present
Texas Association for Health, Physical Education, Recreation and Dance,	1999-Present
American Association for Health Education	1999-2006
National Association for Sport & Physical Education,	1999-2006
American Alliance for Health, Physical Education, Recreation and Dance	2000-2001
American Football Coaches Association,	1981-1999
COMMITTEE MEMBERSHIPS	
State and Local	2014 D
Texas Education Agency Coordinated School Health Program Reviewer	2014-Present
Journal Reviewer, TAHPRD President, TAHPERD	2013-2014 2014-2015
President-Elect, TAHPERD	2013-2014
Member, Finance Committee, TAHPERD	2011-2015
Chair-Elect, Community Health Section, TAHPERD	2011-2012
Member, Awards Committee, TAHPERD	2011-2012
Member, City of Commerce, Commerce Community Cares Board of Director	or 2010-Present
Member, Health Education Committee, TAHPERD,	2001-Present
Member, Commerce Planning and Zoning Commission	2000-Present
Nominating Committee, TAHPERD	2007-2010
Member, Board of Directors, TAHPERD,	2005-2008
Foundation Committee, TAHPERD,  Part Vice President Health Division, TAHPERD	2005-2007
Past Vice President, Health Division, TAHPERD Vice President, Health Division, TAHPERD,	2006-2007 2005-2006
Vice President, Health Division, TAHPERD,  Vice President-Elect, Health Division, TAHPERD,	2003-2006
Member, Public Affairs Committee, TAHPERD,	2001-2003
Chair, Health Promotion Section, TAHPERD,	2001-2002
Chair-Elect, Health Promotion Section, TAHPERD,	2000-2001

Departmental	
College of Education and Human Services Scholarship Committee	2011-Present
Human Performance Committee	2011-Present
Strategic Planning Committee	2006-Present
Health Curriculum Committee	2004-2011
Physical Education Activities Program	2003-2011
Athletic Training Curriculum Committee	2003-Present
Faculty Evaluation Committee	2003-2011
TeXES Committee	2000-2011
Phi Pi Delta (Majors Club)	2000-Present
Academic Advisor	1999-Present
Departmental Recruiter (Undergraduate)	Spring 2007
Chair, Search Committee to hire Assistant Athletic Trainer	2001
University	
Thesis/Dissertation Committee	
Demetrius Hill	(Completed, Spring 2014)
Rayna Y. Matthews	(Completed, Spring 2014)
Edgar Reed	(Completed, Fall 2013)
Lisa Daniel	(Completed, Spring 2012)
Honor's Thesis Committee, Chair (1)	(Completed, Spring 2014)
Honor's Thesis Committee (1)	(Completed, Fall 2012)
Honor's Thesis Committee (1)	(Completed, Spring 2012)
Honor's Thesis Committee (2)	Fall 2010
Executive Council	2008-2011
Academic Appeals Committee	August 2006
Academic Appeals Committee	August 2004
Faculty Senate	2002-2004
HONORS, AWARDS, AND LISTINGS	
Health & Human Performance Lion Heart Award	2013-2014
Health & Human Performance Service Award	2011
Kentucky State University Athletic Hall of Fame	2010
TAHPERD (College/University) Health Educator of the Year	2008
Who's Who Among America's Teachers	2004
Lone Star Conference Champions (Football), A&M-Commerce	1990-1991
Outstanding Young Men of America	1983
America's Outstanding Names and Faces	1978
Who's Who Among Students in American Universities & Colleges	1977-1978
NAIA 2 <sup>nd</sup> Team All-American (Football), Kentucky State University	1977-1978
NAIA 2 <sup>nd</sup> Team All-American (Football), Kentucky State University	1976-1977
Academic Honor Student, Kentucky State University	1976-1978
Honorable Mention All-American (Football), Kentucky State University	•
Most Valuable Freshman (Football), Kentucky State University	1974-1975
Who's Who In National High School Athletics	1973-1974

## Computer Skills

IBM Compatible computers; Operating system: Windows 2007 & XP Version 2002

Programs: Word, Excel and Power Point

LCD projectors

Student Information Systems: Banner

FAMIS and CANOPY

Degree Audit (Online Academic Advising)

### Courses Taught:

Undergraduate Theory: Foundations of Kinesiology

Concepts of Physical Activity

First Aid and Safety Substance Use and Abuse Survey of Human Disease

Biomechanics Sports Psychology

Elementary School Materials in Health Education Secondary School Materials in Health Education

Physical Skills II

Topics in Health and Exercise Science Critiquing and Conducting Research

Bowling Tennis Racquetball Gymnastics

Physical Skills I

## **PUBLICATIONS**

Graduate:

Activity:

Ross, Henry H. and Willie J, Edwards (2014). African American Faculty Expressing Concerns: Breaking the Silence at Predominantly White Research Oriented Universities. *Journal of Race Ethnicity and Education* 

Ross, H. H. (2010). Concerns of African American Faculty Employed at Predominantly White, Doctoral Extensive Universities. In S. Moore, A. Rudolph, Jr., & A.J. Lemelle, Jr. (Eds.), Dilemmas of Black Faculty at U.S. Predominantly White Institutions: Issues of the Post-Multicultural Era (pp. 339-364). Lewiston, NY: Edwin Mellen Press

Editor (2002). Faculty Handbook. Texas A&M University-Commerce.

Weight Lifting

Contributing Editor (2001). GRIDLOCK – Fetus Under Siege. *Health Education TEKS, A Guide for Teachers: Grades 9-12*. p. 26.

#### **Submission:**

Edwards, Willie J. and Henry H. Ross (2014). Using the Delphi Method to Identify Concerns of African American Faculty at Predominantly White Research of Extensive Doctoral Granting Institutions. *The Review of Higher Education* 

#### **PRESENTATIONS**

"Tips and Strategies for Maintaining a Healthy Weight", with Dr. Lisa Alastuey. 90<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 6, 2013

"Get Back, Can't Eat That: Rise In Food Allergies", with **Ms. Amy Ketchum**. 89<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; November 30, 2012

"Personal and Family Preparedness: Planning for a Disaster", with **Ms. Jennifer Wilkerson, FP-**C. 89<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; November 30, 2012

Guest Speaker, Converging Literacies Center (CLiC), Black History Month Speaker Series. February 21, 2012, Texas A&M University-Commerce, Business Administration 221.

"Physical Activity: Address Barriers and Implement Stratigies", with **Dr. Lisa Alastuey**. 88<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 1, 2011

"Spice Up Your Health Classes with Humor, Music, and Touch", with **Dr. Lon Seiger.** 88<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 1, 2011

"Stress Management: Finding Calm Before the Storm", with **Ms. Devon Herrman**. 88<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Dallas, Texas; December 1, 2011

CLiC Talk for Education: Panel Discussion. Texas A&M University-Commerce, Campus, November 28, 2011

"Sex Addiction: The Real Deal", with **Dr. Tara Tietjen-Smith**. 87<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; December 3, 2010

"Conflict Resolution: It's Never About Right or Wrong". 86<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Arlington, Texas; December 3, 2009

"Reducing Sexual Assault: What Community Members Need to Know", with **Mrs. Katrina Little.** 85<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Corpus Christi, Texas; December 5, 2008

"TAHPERD for Dummies", with **Dr. Quynh Dang.** 85<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Corpus Christi, Texas; December 4, 2008

- "Building the Health Curriculum", 84<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Galveston, Texas; November 29, 2007
- "Coach-Parent Relationships: Increasing Harmony and Minimizing Hassle", Texas A&M-Commerce 1<sup>st</sup> Annual Sports Conference, Commerce, Texas; February 23, 2007
- "Managing Environmental Stress", with **Dr. Quynh Dang.** 83<sup>rd</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) Convention, Fort Worth, Texas; December 2006
- "Stress and the College Student", with **Dr. Tara Tietjen-Smith**. 83<sup>rd</sup> Annual TAHPERD Convention, Fort Worth; Texas, December 2006
- "Sex and Seniors", with **Dr. Quynh Dang**. 83<sup>rd</sup> Annual TAHPERD Convention, Fort Worth, Texas; December 2006
- "Putting Burn-out on the Back Burner", with **Dr. Lisa Alastuey**. 2005 P-16 Summer Instructional Excellence Demonstration Project, Gaylord Texan Grand Hotel and Convention Center, Grapevine, Texas; July 2005
- "Eating Disorders and the Athlete." 80<sup>th</sup> Annual TAHPERD Convention, Galveston, Texas; December 2003
- "Death and Dying: Strategies for Coping with Grief." 79<sup>th</sup> Annual TAHPERD Convention, Fort Worth, Texas; December 2002
- "Sports and Social Interaction: What Do We Know?" 79<sup>th</sup> Annual TAHPERD Convention, Fort Worth, Texas; December 2002
- "Health Instructional Strategies: Drop-In Center." 78<sup>th</sup> Annual TAHPERD Convention, Corpus Christi, Texas; November 2001
- "Kids in Crisis: Role of the Health Educator", with **Dr. Sandy Weeks and Dr. Larry Chaloupka**. 78<sup>th</sup> Annual TAHPERD Convention, Corpus Christi, Texas; November 2001
- "Extent of Social Interaction Between Black and White Male, Varsity Athletes", Masters Thesis presented by Dr. Joel Their. National Sports Sociology Convention, Dallas, Texas; 1981

# COMMUNITY, UNIVERSITY, AND CIVIC ACTIVITIES

Advisor, Student Veteran's Association, A&M-Commerce, 2012 - Present

Omega Psi Phi Fraternity, INC. – May, 1993 – Present

Commerce Planning and Zoning Commission – 2001-Present

City of Commerce, Commerce Community Cares Board of Directors – June 2010

Invited Speaker for Lone Oak High School's Career/College Day – Spring 2007

Invited speaker for Delta Sigma Theta's "Founder's Week" Program – Spring 2006
Invited Speaker for Alpha Kappa Alpha's "Life After College" Forum – Spring 2005
Finance Committee, Mt. Olive Baptist Church – May 2005-Present
Invited Speaker for North Garland High School's "Rhythm Nation" Program – February 2004
Basileus, Delta Xi Chapter of Omega Psi Phi Fraternity, Greenville, Texas – October 2002-2007
Invited Speaker for Commerce I.S.D. Black History Month – February 2000-2004
Invited Speaker for Greenville I.S.D. Black History Month – February 1999-2004
Invited Speaker for Boles Home Graduation Exercises – May 1999