

RESOURCES

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www.fathersworld.com
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www.menteach.org
www.fathers4kids.com



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Make a Difference

"Diligent Dads Direct Their Children's Destiny"



*“Empowering Fathers
to Empower children”.*

Ways to be Involved

At Home

- Read to your children, and serve as a role model by reading around your children.
- Play or coach a sport you like with your child.
- Take time for family outings.
- Make the most of bedtime. There are fewer distractions and it is a good time to connect with children.
- Take time everyday to focus attention on your child, ask open-ended questions about their day.
- Let your child know you are interested in their lives. Take the time to get to know them.

At School

- Take your child to and pick up from school.
- Help your child with their homework.
- Attend parent teacher conferences and school class events.
- Find out who your child's teachers are and maintain contact.
- Volunteer your time at your child's school.
- Show an interest in what your child does at school.

Benefits to Child

1. Enhance social skills
2. More well adjusted
3. More confident and less anxious in unfamiliar situation
4. Higher self-esteem
5. Respects self and others more
6. Children have higher verbal skills
7. Lower rates of teen violence
8. Daughters have an increased competence in math
9. Decreases rate and number of juvenile delinquents
10. Fewer mental health problems as an adult
11. Better able to gain a sense of independence
12. More sociable
13. Higher grade point averages
14. More likely to become a compassionate adult.



Consequences of a father that is not involved...

- Children are more likely to have poor social skills
- More likely to act impulsively
- More likely to fail a course or grade
- More likely to drop out of school
- More likely to end up a juvenile delinquent
- More likely to have low self esteem
- Daughters are more likely to "settle" for a male companion
- More fearful of new situations
- More likely to have mental health problems as an adult

Involved Fathers recognize that they play a vital role in the life of their child. It is critical that, from the time a child is born, the father take an active role in his or her life. Research confirms that an involved father has an enormous impact on determining the success of a child.

